



## **2024 FALL CLASSIC COACHES CLINIC**

When – **OCT 27 to NOV 5** (Sun Oct 27<sup>th</sup>; Tues Oct 29<sup>th</sup>; Sun Nov 3<sup>rd</sup>; Tues Nov 5<sup>th</sup>)

**Session – 6pm to 7:15** – coaches are invited to stay for player camp that follows (6:45-8:45)

**Fee: \$30.00**

**What** - An intentional instructive offseason program for “house-level and performance oriented” baseball and fastpitch coaches.

*We will instruct towards the following concepts and practice procedures.*

- **warmup**
- Proper arm care and preparation; catch and throw development
- Development of executable game skills – developing essential good habits
- **position specific training**
  - **preparing to pitch**
  - **outfield and infield play**
- Defensive situations
- The Offensive Game
  - Approach
  - How to practice
  - Dominating the zone
  - Swing management
  - Own-the-road base-running
- Teaching towards “athleticism” and “mechanics” concurrently
- Competition and Game play for practice effectiveness

**Where** – Calvary FC Regional Fieldhouse (ALDERSYDE)

**[Register now HERE.](#)**