



## **FALL CLASSIC FOUNDATIONS CAMP '24**

When – **OCT 15 to OCT 24** (Tues 15<sup>th</sup>; Thurs 17<sup>th</sup>; Sun 20<sup>th</sup>; Tues 22<sup>nd</sup>; Thurs 24<sup>th</sup> )

**Session A:** ages 7 to 9 years old / **6pm to 7:30** (Cost \$165)

**Session B:** ages 10 to 12 years old / **7:30 to 9pm** (Cost \$165)

*Players will be placed in the working group that best serves their skills/abilities.*

**What** - An intentional instructional program for House League, novice and introductory level baseball and fastpitch players.

- Proper warm up
- Baseball athletic development
- Throw and catch progressions
- Playing infield and outfield
- Hitting foundations and frameworks
- The running game
- Indoor "Game Play "

**Contact Steve with questions about player eligibility etc.**

**Where** – Calvary FC Regional Fieldhouse (ALDERSYDE)

[Register now HERE.](#)