



## **FALL'24 HITTER CLINIC**

When – November 7<sup>th</sup>; 14<sup>th</sup>; 21<sup>st</sup> Thursdays

**Session A: 6pm to 6:45** – Coaches Clinic – How to teach hitting.

**Session B: 7pm to 8** - ages 8 to 12 (cost - \$100)

**Session C: 8pm to 9** - ages 12-18 (cost - \$100)

**What** - An intentional instructive offseason player & coach hitting program.

***Featuring Lead Instructor Matt Lloyd (St. Louis Cardinals system)***

*Athletes will be placed in effective working groups.*

- **Warmup**
- **Professional level instruction**
- **High level reps**
- **Purpose driven drill sets**
- **Having an “approach”**
- **Hitting Competitions**

**FOR COACHES** – “How to teach and coach hitting.”

**Where** – Calvary FC Regional Fieldhouse (ALDERSYDE)

**[Register now HERE.](#)**