



CANUCK CATCHING

Win. Each. Pitch.

Who is Don von Hollen?

Profile:

With over 30 years of playing experience and extensive coaching credentials, I am a dedicated and passionate baseball coach specializing in catching development. I am committed to improving technical skills and building athletes' mental and emotional fortitude. In addition to my head coaching experience at the provincial level, as the founder of Canuck Catching, I have facilitated technical training for coaches and associations across Alberta.

I continuously research modern techniques to improve my coaching methods. To support ongoing coach, player and parent education, I have created and continue to update a catching development model that includes a comprehensive catching manual for individual instruction and delivering high-performance clinics for baseball catchers.

Coaching Philosophy:

I believe baseball is a powerful tool to build character off the field. My influence as a coach extends beyond the technical aspects of the game, focusing on discipline, leadership, and resilience, key qualities that translate into success in all areas of life.

Coaching Certifications:

NCCP #1083455

- NCCP Level 3 Baseball Trained
- Certified Provincial Coach
- Trained Pitching and Catching Development Coach

Baseball Alberta

- Coach Evaluator
- Coach Training Facilitator

Coaching Experience:

- Team Alberta Coach (Alberta Amateur Baseball Council)
 - 2009 Canada Cup
 - 2009, 2010, 2013 Team Alberta 16U Prospects
- Alberta Summer Games/Zone Championships
 - 2007, 2008, 2010 Zone 4 Head Coach
- Development Camp Coaching (Alberta Amateur Baseball Council)
 - 2008 Team Alberta Spring Training
 - 2008 & 2009 Team Alberta Winter High-Performance Camps
 - 2009 Central Alberta Winter High-Performance Camps
- National Sport Academy Calgary
 - 2019-2023 Catching Coach