



FALL QWIKBALL SUPER-EVENT '24

When – **Friday & Saturday, November 29th & 30th**

Session A: ages 7U to 10U years old / **6:00 - 7:30pm & 2:00 - 3:30pm** (Cost \$45)

Session B: ages 11U to 14U years old / **7:30 - 9:00pm & 3:30 - 5:00pm** (Cost \$45)

Note - Time slots are subject to change.

What – A fun and fast-paced event with competitions and...super-charged **QWIKBALL play!!!!**

*We will cap each session at 24 players –
players will be placed in “teams” of up to 6 players per squad.*

Our two-day program includes:

- **Daily warm-up**

- **Brief skills competition before game play**
 - **Head-High Line Drives**
 - **Ground Ball Super-Drill**
 - **Homerun Derby**

- **Game Play –**
 - **with team rotations every 18 minutes**
 - **two games at a time; three games per squad**
 - **program coaches to manage teams**

If your athlete doesn't match up to our age groups and you are interested, contact Steve:
technical@foothillsminorball.com

Where – Cavalry FC Regional Fieldhouse (ALDERSYDE)

[Register now HERE.](#)