



FALL'24 HITTER CLINIC 2

When – November 17th, 24th, December 1st - Sunday evenings

Session D: 7:30pm to 8:45pm - ages 10-18 (cost - \$125)

We will feature top level teaching with our FMBA staff and some high-level guest instructors.

What? - An intentional instructive offseason player & coach hitting program.

Athletes will be placed in effective working groups.

- > Warmup
- Professional level instruction
- > High level reps
- > Purpose driven drill sets
- > Having an "approach"
- Hitting Competitions

Where – Cavalry FC Regional Fieldhouse (ALDERSYDE)

Due to the specialty nature of the program, we will cap at 18 participants.

If your athlete doesn't match up to our age groups and you are interested, contact Steve: <u>technical@foothillsminorball.com</u>

Register now HERE.